



# GREEN TOWN Urban Farming

Healthy Food For Hungry Families

## Harvest Volunteer Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Here at Green Town Urban Farming we are following portions of the federal Food Safety Modernization Act that are applicable to a small urban farm. We ask all volunteers participating in harvest activities to adhere to the following in order to reduce the risk of contaminating and spreading foodborne illnesses.

1. Wash/scrub hands for 20 seconds before the following: beginning work, handling fresh produce, before putting on gloves
2. Wash hands after the following: breaks, using the restroom, smoking, eating, handling animals, or otherwise compromising the sanitary nature of hands
3. If you are not feeling well, have a runny nose, upset stomach, etc. you cannot harvest. You are welcome to do other garden maintenance activities in beds not being harvested. This goes for all children participating with parents or adults. Children who are not feeling well cannot touch the plants being harvested.
4. If you are bleeding please immediately alert the harvest coordinator and use the first aid kit to stop the bleeding, cover the wound and use a vinyl glove over the bandage. Hand washing must be done again before returning to harvest.
5. Once a leaf or vegetable is picked for harvest it cannot touch the ground. Should you drop something it must be thrown away. Exceptions are root crops, crops that grow touching the ground, and crops that are intentionally dropped in harvest.
6. All harvest bins must not touch the ground because they are stacked in a cooler. Dirt on the bottom can fall into the bin below.
7. If you see animal or bird droppings bring this to the attention of the harvest coordinator so he/she can take appropriate action. Any produce with animal feces must be thrown in cull pile.
8. Harvest tools need to stay off the ground. If you drop one or it gets excessively dirty please place it in the dirty tool bin. There are extras available for use.
9. Gloves are recommended not only to protect your hands, but to keep from bruising/scraping the produce with fingernails. Long fingernails are nice, but they require gloves. Small nicks are an open pathway for pathogens. If there is a little bit of dirt on a vegetable you can gently brush it off before placing in the harvest bin. There are extra gloves available since they are prone to getting dirty. Used cotton gloves go in the dirty glove bin.
10. All bags, purses, backpacks and other personal items should be left in your car.
11. All food and drink must be kept out of the garden and consumed away from the harvest area. No smoking in the garden
12. Smile! The produce you pick will soon be in the hands of those who need it most. While they can't be here to say how grateful they are, please know they say "thank you".

**I received training on the above and my questions were answered in a language I understand.**

Signature: \_\_\_\_\_

Date: \_\_\_\_\_